

## **MEDICAL MEDICAL PROCESSING**

Your health is our number one concern.

In order to ensure that you return home healthy, an individual post deployment health assessment will be conducted just prior to your departure from the theater. This assessment involves an in-depth interview with a physician, physician assistant, or a family nurse practitioner. This is your opportunity to document any medical problems or exposures to any potentially hazardous situations during your deployment. The assessment includes a blood sample and a tuberculosis (TB) test.

The results of this assessment are placed in your deployed health records that are transported by your unit on your return flight. The deployed health record is turned into your local health clinic on the day of your arrival. The local clinic will review the assessment and schedule any immediate treatment or follow-up referrals as required. The documentation of this assessment is so important that verification of the completion of this task must be accomplished prior to your leave.

Redeployment involves a lot of changes and adjustments for you and your loved ones. If you feel stressed or are experiencing problems adjusting to being back, contact your unit leadership or any doctor. What you are experiencing is not unique. There are many people who have experienced feeling stress of one kind or the other when returning home from a deployment. Contact your clinic, hospital, or chaplain for more information.

Returning DA civilians go through the same process to receive extended health care for deployment connected conditions.

You will have the opportunity when you return from leave to update all your individual medical readiness items like immunizations, dental check-up, medical warning tags, and vision screening. You will receive further medical appointments as required. There will also be a second TB test conducted about 90 days after your redeployment.

Remember that your health is our number one concern. You will get an immediate appointment if you require any treatment prior to going on leave. If you need to see a doctor while on leave, please contact TRICARE for the nearest preferred doctor or hospital.

**TRICARE South Region 1-800-444-5445**  
[www.humana-military.com](http://www.humana-military.com)

**The Deployment Cycle Clinic** is located in TMC#3 (544-4760/544-2255). The Care Manager Program is designed to assist service members and their families with deployment and re-integration issues. Here on Fort Benning there are four care managers who are all licensed social workers. These care managers provide an atmosphere where issues can be discussed in comfort and safety with the added benefit of confidentiality. The care managers can offer crisis counseling, client advocacy and case referral, VA coordination, support for families before and after deployments, and educational classes or briefings on a variety of deployment issues. Also offered are support and education on stress management, information on PTSD, sleep hygiene, anger management relaxation techniques, and depression reduction techniques.

**The Community Mental Health Clinic** provides mental health services to active duty Soldiers. Assistance is available for crisis intervention, anger control, stress management, anxiety, and depression. Services include individual, group, and family therapy. Command consultation and evaluation is provided for active duty military members. Medication management is also provided. The clinic is located on the 4<sup>th</sup> floor of Martin Army Community Hospital. Appointments can be scheduled by calling (706) 544-2273.

**Social Work Service** is the primary service that provides intervention, assessment, and treatment for all active duty, family members, and other beneficiaries involved in domestic violence on and off the Fort Benning installation. Assistance is available for crisis intervention, anger management, communication, parenting skills, and married couples' counseling. Services include individual, group, marital, and family therapy. Command consultation and evaluation is provided for active duty military members. Information and referral is provided regarding services that are not available on the installation. Social Work Service is located in Soldier's Plaza, Bldg 2625. Appointments can be scheduled by calling (706) 545-1661/3308. To receive after-hours assistance for domestic violence and the homeless, contact the social worker on-call through the Martin Army Community Hospital Operator at (706) 544-2041.

**Information Desk – 706-544-2041/2042**